



## Blackhills FC Goalkeeper Training

We are excited to get started with this year's Blackhills FC Goalkeepers! Training will focus on age appropriate activities that develop the players technical, tactical, physical and mental skills of the position. Goalkeeper Training will be led by Blackhills FC Coaching Staff: Kyle Jones, Thom Thorton and Vanessa Crisp.

**Goalkeeper Training Schedule:** Starting June 14th

U10-U11 Goalkeepers: Mondays 7:00-7:30

U12-U14 Goalkeepers: Thursdays 7:00-7:45

U15-U19 Goalkeepers: Thursdays 7:00-8:30

Suggested equipment for training: goalkeeper gloves, shin guards, pants, long sleeve top and water.

To sign up for training: Please email [kyle.jones@blackhillsfc.org](mailto:kyle.jones@blackhillsfc.org) with your goalkeeper's name and team.

[www.blackhillsfc.org](http://www.blackhillsfc.org)